

## **Donning Instructions for a Two-Piece Body Jacket**

1. Apply a cotton T-shirt or cotton stockinet.
2. Roll the patient to his/her side.
3. Push the back section of the brace into place, lining up the waist grooves of the brace with the patient's waist. The waist is between the lowest rib and the top of the pelvis.
4. Roll the patient to his/her back and position the brace so it is centered on the patient's back.
5. Put the front half of the brace on, making sure the front overlaps on the outside of the back.
6. Put the Velcro from the front through the loops on the back and evenly tighten all straps as tight as can be tolerated.
7. The bottom two straps should be as tight as possible, while the top straps can be slightly looser to permit breathing.
8. Wipe the inside of the brace with rubbing alcohol to keep it clean and sterile.