

## **Instructions for Transfemoral Amputees With Silicone Liner**

### **Donning Your Prosthesis**

Follow the order of application listed below:

1. Silicone Liner
  - a. Roll the silicone liner completely inside out.
  - b. Place the inside surface of the liner flat against the end of the residual limb. There should be no space between the end of the limb and the inside of the liner.
  - c. Roll the liner onto the residual limb. **DO NOT** pull on the silicone liner. (Tension on the liner next to the skin could result in irritation and blisters.)

The liner has been trimmed in a wavy pattern. This should help reduce the tension of the liner next to the patient's skin.

Do not cut the liner without contacting the patient's physician or prosthetist.

2. \_\_\_\_\_ ply of prosthetic sock(s). This may vary depending on the volume of your limb.
3. Feed the Velcro strap (lanyard) through the hole in the bottom of the socket. Secure it by running the strap through the buckle at the top of the socket and snugly fastening the Velcro.
4. Step into the prosthesis until it is secure and tighten the Velcro strap once again.
5. Reflect the socks over the top of the socket.

### **Removing Your Prosthesis**

When removing the prosthesis from your body, remove only the hard outer shell. Once the shell is off, remove the silicone liner by rolling it down.

### **Compression Garments**

For the first 3-6 months following your amputation, you should use your compression garment whenever you are not wearing your prosthesis.

For any questions regarding the fit or care of your prosthesis, please contact your prosthetist.