

Elastic Knee Orthosis

The elastic knee orthosis is an elastic sleeve and may have metal joints. The patient pulls the orthosis into place to provide compression and mild mediolateral (side to side) stability to the knee joint.

Indications:

- Runners knee, jumpers knee, medial/lateral patellar subluxation, mild chondromalacia, anterior knee pain, patellar tendonitis, ligament/meniscus injuries, mild osteoarthritis, and swelling.



Photo courtesy of Cascade