

Patellar Stabilizing Orthosis

The patellar tendon bearing orthosis is custom made of thermoplastic and can be made with or without ankle joints. The orthosis transfers some weight from the foot and ankle to the lower leg and patellar tendon. It provides compression to the lower leg and will reduce some of the weight to the foot and ankle.

Indications:

- Mild chondromalacia, patellar subluxation/dislocation/tendonitis, patellar maltracking, patellofemoral pain syndrome, post lateral release, and post patellar realignment.



Photo courtesy of Cascade