

## Cervical Collar

The cervical collar is a firm foam orthosis reinforced with plastic. It is used to limit flexion and extension of the neck (occipital to C3). It is sized and fit by the orthotist for comfort and support.

### Indications:

- Relief of acute neck pain and minor muscle spasm.
- Patients with weak neck musculature or those that enjoy the psychological comfort/reminder.



Photo courtesy of Cascade